

West Cheshire Tier 2 0-16 CAMHS Consultation Service

Appendix 6

- Are you working with children aged 0-16 and their families?
- Are you unsure if a CAMHS referral is needed?
- Would you like to talk about cases where children's mental health is a concern and gain some advice?

If so, Tier 2 CAMHS are offering consultations to all professionals who are working with children and families either face-to-face or by telephone. We can offer advice, guidance and suggestions to help you support the young person and their family in a Tier 1 setting.

Face-to-face consultations

To access this consultation please book a 30 minute slot per case on 01244 393200. Please let us know if you have more than one case to discuss so that we can allocate more time.

Please note you must obtain parental consent to discuss a named child.

Alternatively you can access a telephone consultation on 01244 393200 with a Tier 2 Primary Mental Health Worker. We squeeze frontline duties into our day to day job, so with telephone consultations we can easily spare 10 minutes for advice, for longer durations and discussions we advise you book into a face to face consultation.

Please note, this number is for Tier 2 consultation purposes only and is in addition to the Tier 3 emergency frontline service. If you would like to discuss a child who is already open to CAMHS and has an allocated worker, please use the landline number 01244 393 200 and not the consultation mobile number.

Is my case suitable to discuss at a Tier 2 CAMHS Consultation Slot?

Within the 0-16 CAMHS team there are two tiers, Tier 2 and Tier 3. Please find below a brief summary of both:

Tier 2 — Mild-moderate mental health difficulties such as mild anxiety, phobias, low mood, challenging behaviours combined with a mental health difficulty.

Tier 3 — Moderate to severe enduring mental health difficulties and disorders, such as depression and self-injury.

If your enquiry is of an urgent nature, or you wish to speak with a Tier 3 frontline worker, please contact us on

01244 393 200 Monday to Friday, 9:00 - 5:00.

The CAMHS advice line has recently been launched; there is a practitioner available out of hours for families and professionals to consult with.



Cheshire and Wirral Partnership 
NHS Foundation Trust

Children & Young People's Out of Hours Advice Line

Are you worried about a young person's mental health? Would it help to talk to mental health professional?

You can now access mental health advice and support outside of usual working hours by calling the *CYP Out of Hours Advice Line* on



01244 39 7644

This service is available
Monday to Friday 5 to 10pm
Saturday & Sunday 12 to 8pm



Care Well-being Partnership

Child and Adolescent Mental Health Services