



**Waverton Community Primary School**  
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***Learning together. Achieving together.***

Dear Parents/Guardians,

To keep you informed, we have had one confirmed case of Scarlet Fever in school and would like to pass on the following information taken from "The Public Health Scarlet Fever Guidelines":

Although scarlet fever is usually a mild illness, it should be treated with antibiotics to minimise the risk of complications such as pneumonia and the spread of the infection to others.

The **symptoms** of scarlet fever include:

- Sore throat, headache
- Fever
- Nausea and vomiting
- Characteristic fine, pinkish or red body rash with a sandpapery feel.
- Face can be flushed red but pale around the mouth.

Children or adults diagnosed with scarlet fever are advised to stay at home until at least 24 hours after the start of antibiotic treatment to avoid spreading the infection to others.

Scarlet fever is highly contagious and spread by coughing and sneezing.

To limit the spread:

- Wash your hands often
- Do not share eating utensils with an infected person
- Wash or dispose of handkerchiefs and tissues contaminated by an infected person
- Be aware that people can catch scarlet fever by inhaling airborne droplets if someone with the illness coughs or sneezes in the air near them
- Use a tissue to catch, bin and kill germs.

If you suspect you, or your child, have scarlet fever:

- Contact your local GP or contact NHS 111 as soon as possible
- Make sure that you/your child takes the full course of any antibiotics prescribed by the doctor.
- Stay at home, away from nursery, school or work for **at least 24 hours after starting the antibiotic treatment**, to avoid spreading the infection

If your child has an underlying condition which affects their immune system, you should contact your GP or hospital doctor to discuss whether any additional measures are needed. Women in early stages of pregnancy who have been in contact with someone with Scarlet Fever should contact their GP or Midwife for advice.

Please inform the school office should your child have confirmed Scarlet Fever.

Yours sincerely,  
*C Cartwright*  
Carla Cartwright  
Head Teacher